

Take-home whitening has never been easier.



Treatment Time

Zoom NiteWhite — Optimal results within one week

- 10%, 16% (CP) overnight or four to six hours
- 22% (CP) one to two hours nightly

Zoom DayWhite — Optimal results within two weeks

- 9.5% (HP) 30 minutes, twice daily
- 14% (HP) 15 minutes, twice daily

Post-Treatment

- Avoid staining foods, drinks and tobacco for two hours after each treatment.
- Continue good oral hygiene and stay current on your regular dental appointments. In addition, the use of a Philips Sonicare toothbrush, like DiamondClean will help prolong the benefits of your whitening treatment.
- Store any remaining whitening gel in a cool dry place for later use. There's no need to refrigerate.

Expectations and Optimal Results

Results vary by patient. Anatomy, age, tooth condition, hygiene and starting shade heavily impact results. You should have realistic expectations about the final results. Use the provided shade guide to record your starting and ending results.

Potential Adverse Effects

Sensitivity

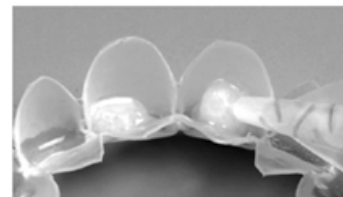
Some patients may experience increased tooth sensitivity. Symptoms should subside within one to three days. If sensitivity continues, try whitening every other day or ask your dentist for a lower-concentration gel.

Gingival Irritation

Trays that extend onto the gingiva (gums) may cause soft tissue irritation. If the trays extend over your gums, have your dentist trim them

APPLICATION INSTRUCTIONS

- Brush and floss your teeth
- In a counterclockwise motion, twist off the clear plastic cap from syringe
- Twist the mixing cap clockwise to lock on the end of the syringe
- Place a small amount of gel in each tooth compartment of the tray (as shown to the right)



PHILIPS
ZOOM!